Advancements in Microgrid Technologies: A Critical Review

 \mathbf{M} ohamad Mallah $^{1,\,\square}$, Abdel-Raheem Youssef 2 , Abdelfattah Ali 3 , and Essam E.M. Mohamed 4

Abstract The global energy crisis and environmental concerns have intensified the focus on clean and renewable energy sources (RESs) like photovoltaic power generation, biomass, hydro power and wind power. Microgrids (MGs), acting as vital solutions interface between distributed generators (DGs) and power systems, have emerged as a key research area. Modern studies emphasize integrating microgrid technology at the load level, offering a feasible alternative to traditional grids. Microgrids serve as platforms for various components, including distributed generators, storage, loads, and voltage source converters, compactly arranged. These microgrids can operate in grid-connected or standalone mode, adapting to generation, integration potential, and consumer requirements. Despite their potential, challenges such as control, protection, operational stability, and reliability need addressing for effective real-time implementation and commercialization. This review provides Microgrids (MGs) power sources, the Microgrids (MGs) applications, Microgrids technical challenges, the Energy storage systems (ESS) and microgrids findings, the Future research areas in Microgrids (MGs).

Keywords: MGs, Benefits, Challenges, Energy storage, Future researches.

1. Introduction

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As the electric grid becomes more complex and relies on traditional transmission and distribution networks, it becomes more susceptible to reliability and stability issues [1]. In response to these challenges, new solutions like Distributed Generation, Renewable Energy Resources based microgrids [2] , and Energy Storage Systems have emerged as viable alternatives [3, 4]. These solutions aim to enhance the reliability and stability of power systems, especially with the growing share of RESs penetration[5-7].

MGs consist of distributed generation, energy storage devices, and local loads [8]. MGs provide energy to critical locations and operate as a controllable structure connected to or isolated from the main grid [8-10].

The MGs concept presents a range of advantages, encompassing reduced carbon emissions [11, 12], uninterrupted power supply in isolated mode [13], enhanced power system quality, plug-and-play capabilities for seamless mode switching[14], and serving as a backup power source during grid outages [15, 16]. However, the integration of MGs into conventional distribution networks introduces challenges [17], including issues related to protection, control, supply dependability, outage resynchronization time, and safety [18]. Mitigating these challenges requires careful technical designs and ongoing research efforts to prevent adverse effects on electric supply systems [19, 20]. Various prime mover technologies, such as solar photovoltaic, fuel cells, gas engines, wind turbines, and internal combustion engines, constitute MGs. Successful integration of these technologies demands specific requirements, including the use of voltage source inverters for converting DC to AC and the implementation of effective controllers to manage power flow, balance energy generation and consumption, and ensure stability[21, 22]. Notably, with the increasing penetration of renewable energy sources (RESs), energy storage becomes imperative[23]. The implementation of energy storage methods underscores the challenge of finding solutions that strikes a balance among operational, technical, and economic feasibility considerations [24, 25]. The three main forms of energy storage mentioned are mechanical, electrical, and chemical.

Several review papers that cover various aspects of Microgrids (MGs). These papers provide insights into different facets of MG systems, highlighting the importance of research and understanding in this field [26]. Here's a breakdown of the topics mentioned: the paper [27] focuses on the modeling, design, planning, and architectural aspects of hybrid renewable MGs, which combine multiple energy sources.. The review in [28] examines the applications of flywheel energy storage systems (FESS) for load frequency regulation, combined with various power generation methods. The paper in [29] proposes a stand-alone power system that utilizes wind and solar energy, along with a hydrogen fuel cell backup supply. The study in [30] presents an illustration of a maiden frequency control scheme for a combined cycle

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 \Box Corresponding Author: Mohamad Mallah, E-mail: mohamadmallah1987@gmail.com

^{1, 2, 3.} Electrical Engineering Department, Faculty of Engineering, South Valley University, Qena 83521, Egypt.

gas turbine and doubly fed induction generator integrated with distributed energy resources in an isolated power system. The study in [31] aims to develop an energy management strategy using a battery backup source for the electrical load of rail coaches. To assess the effectiveness of including battery storage, simulations were conducted for both high and low battery state of charge (SoC) cases. A parametric approach was used, incorporating solar photovoltaic (PV) power, battery SoC, and load consumption parameters to develop the controller. The control strategies for DERs within MGs, considering the diverse range of energy resources integrated into the grid explored in [32]. Investigates droop control techniques, a method commonly used in MGs to achieve power sharing and stability.

The contribution of this paper is to offers a comprehensive critical review focusing on microgrid classification, components, challenges, benefits, and future research directions. It serves as a foundational resource to guide researchers in initiating studies and proposing solutions to address microgrid challenges effectively. The review can be organized as the follows: Section.2 Microgrid classifications. Section.3 presents the Microgrids component. Section.4 Microgrids technical challenges. The benefits of the microgrids findings in Section.5. Section.6 presents the Future research areas in Microgrids.

Fig. 1 A simple microgrid structure

2. Microgrid classification:

According to Navigant Research [33-35], microgrids (MGs) can be classified based on various aspects:

2.1. Type

- **Campus MGs:** Include onsite generation managed by a single owner.
- **Military MGs:** Used for improved efficiency and resilience.

2.2. Operation Mode

 Grid-Connected MGs: Grid-connected microgrids face several challenges, including technical integration issues such as synchronization with the main grid, maintaining power quality, and protection coordination to handle faults. Economic considerations also pose obstacles, with high initial investments and uncertain financial returns due to variable energy prices and incentives. Regulatory and policy issues, like the lack of standardization and complex interconnection agreements, further complicate their deployment. Operational complexities such as real-time demand

management and cybersecurity threats add to the difficulties. Despite these challenges, grid-connected microgrids offer numerous benefits. They enhance reliability and resilience by providing backup power during outages and black start capability [36]. They improve the integration of renewable energy sources (RES), increasing penetration and utilizing energy storage systems effectively. Economically, they can reduce energy costs through peak shaving and demand response strategies, while also generating revenue by selling excess power back to the main grid or participating in ancillary service markets. Environmentally, they reduce carbon emissions and enhance energy efficiency by minimizing transmission and distribution losses. The flexibility and scalability of microgrids allow them to be customized for specific applications and locations, and they support the integration of various distributed energy resources (DERs) such as solar panels, wind turbines, and battery storage systems. Additionally, they provide robust infrastructure for electric vehicle (EV) charging, facilitating the transition to cleaner transportation. Grid-connected microgrids thus present a transformative opportunity to modernize energy systems, enhance resilience, and support renewable energy integration. Addressing the associated challenges through continued innovation and supportive policies will be key to unlocking their full potential [36].

- **Islanded MGs:** Isolated microgrids provide a dependable energy supply for small, remote areas where developing or expanding traditional power grids is either technically or economically impractical. These systems, independent of main grid support, serve as invaluable platforms for testing and refining control functions to ensure a reliable electricity supply. In contrast, grid-connected microgrids are increasingly utilized to facilitate the integration of distributed generation (DG) units, especially renewable energy sources (RES), into distribution networks. Despite significant progress in addressing technical challenges through various test cases, the widespread practical application of microgrids remains in its early stages. This slow adoption is primarily due to a shortage of expertise among practitioners in microgrid design and a limited understanding of the key technical challenges involved in integrating microgrids into existing distribution networks [37].
- **Residential, Commercial, and Industrial MGs:** Tailored for specific user needs.
- **Premium Power MGs:** Provide stable, noise-free voltage to end consumers.
- **Resilience-Oriented MGs:** Capable of withstanding and recovering from high-impact, low-frequency events (e.g., deliberate attacks, natural incidents) while minimizing negative impacts in both short-term and long-term horizons.

2.4. Characteristics/Properties of the Feeder

Microgrids can be categorized based on the properties of their feeders into urban, rural, and off-grid types.

- **Urban MGs:** Located in congested industrial areas with low imbalance due to the short distance between the main body and laterals, resulting in low voltage drop as voltage and frequency are controlled by the MG.
- **Rural microgrids:** Have feeders placed in moderately populated areas with a longer distance between the main body and laterals, leading to a non-flat voltage profile. Distributed Energy Resources (DERs) in rural microgrids affect voltage fluctuation and must be controlled to regulate feeder voltage.
- **Off-grid MGs:** Always operate in islanded mode, typically in remote areas with no MG connection, where large-scale DER integration occurs faster, enhancing their resilience and self-sufficiency.

2.5. Configuration

- **AC Network MGs:** An AC Microgrid (MG) is a typical system with an AC power supply, where connected loads are driven by AC power. This MG can operate independently or connect to the main grid at the Point of Common Coupling (PCC). The AC bus links power-producing sources, storage devices, and other system components to meet AC load demands. These MGs integrate seamlessly into existing power systems without requiring additional control mechanisms. Three varieties of AC MGs exist: single-phase, grounded three-phase, and ungrounded three-phase. Additionally, they can be categorized based on frequency as high-frequency, low-frequency, and standard-frequency AC MGs. Despite being widely adopted in real-world applications, AC microgrids face challenges in synchronizing with the host grid while maintaining voltage magnitude, phase angle, and frequency. They exhibit lower efficiency and dependability, necessitating complex architecture and control for optimal operation.
- **DC Network MGs:** DC Microgrids (MGs)

2.3. Application

operate on the concept of generating and storing electricity in DC forms, with the power supply and connected loads operating in DC. These MGs offer advantages over AC MGs as they eliminate the need for synchronization and encounter fewer power quality issues. Power factor improvement is not a concern, and to interface with existing distribution systems, converters and power electronic devices are utilized. Compared to AC MGs, DC MGs exhibit higher efficiency and a more straightforward conversion process when supplying DC loads. Examples of commercial applications include telecommunication, electric vehicles, and marine power systems. Three types of DC MGs are mono-polar, bi-polar, and homo-polar. DC MGs allow direct connection of DC loads to the DC bus, reducing the need for numerous power converters. However, DC MGs lack standardized voltage and require an additional step to generate AC voltage. They cannot be easily reconfigured from the existing grid, and their protection poses complexity

 Hybrid AC-DC MGs: Hybrid Microgrids (MGs) integrate both AC and DC power sources to drive connected loads, creating a distribution system that aims to minimize conversion stages and interface devices, thereby reducing energy costs. The primary goal is to enhance overall system efficiency and reliability. Hybrid MGs allow customization of power usage by combining AC and DC loads, with power electronic converters decoupling the AC and DC components. Distributed Generation (DG) units in AC-DC hybrid MGs can connect directly to DC and/or AC networks without synchronization. Despite this, energy losses within the system may still occur due to factors like converter inefficiencies, transmission losses, and system control limitations. Hybrid MGs require a sophisticated controller and management system, particularly in islanded mode, and exhibit lower reliability compared to AC MGs. However, a reduction in the number of converter stages contributes to enhanced reliability in interconnected.

2.6. According to size

- **Small and Simple MGs:** Hundreds of kW at low or medium voltages, serving a few customers.
- **Large and Complex MGs:** Few MWs, serving larger areas and more customers.

3. Microgrids component:

Various components play a crucial role in the functioning of a Microgrid (MG) project, each serving specific functions as shown in Figure.1. Here are key components:

- **Generation**: The MG generation system can comprise both dispatchable and non-dispatchable generators. Dispatchable generators include natural gas generators, biogas generators, and combined heat and power (CHP). Non-dispatchable generators encompass renewable sources such as solar, wind, hydro, and biofuels.
- **Energy Storage System:** ESS serves multiple functions in MG, including ensuring power quality, peak load shaving, frequency regulation, smoothing the output of renewable energy sources (RESs), and providing backup power. ESS plays a crucial role in optimizing MG costs.
- **Energy Management System**: EMS ensures smart management of the MG through energy meters and communication tools. It controls MG generation and load dispatching based on economic and reliability criteria.
- **Loads**: MG have two major types of loads: critical loads that need to be served under all conditions and deferrable loads that can be adjusted for load balancing, contributing to the most economic power generation.
- **Controller:** The MG controller supervises the instantaneous operation of the system.
- **Point of Common Coupling**: PCC is a crucial component acting as the physical connection point between the MG and the main grid. It facilitates the exchange of electrical energy between the MG and the larger power system. PCC includes various equipment and devices such as circuit breakers, protective relays, and synchronization equipment. The isolated MG does not have a PCC.Figure.1 illustrates a simple microgrid (MG) comprising Distributed Generators (DGs), Energy Storage Systems, flexible loads [38, 39]. The MG can contain the following:

3.1. Microgrid based renewables:

Renewable MGs are gaining global popularity for providing environmentally friendly electricity. They are powered by distributed renewable resources such as RESs and ESS. Five subgroups of renewable MGs are identified based on their renewable sources [40, 41]:

- **Solar MGs:** Utilize sunlight for electricity, often with storage capacity to address periods of low sunshine. Common applications include rural electrification for schools, homes, businesses, and more.
- **Wind MGs:** Feature interconnected loads and wind turbines within well-defined electrical boundaries. These MGs commonly use an Energy Storage System (ESS) for stability and surplus energy storage [10].
- **Micro-hydro MGs:** Operate as run-of-the-river projects, redirecting water through turbines to generate electricity. Limited to areas with sufficient water supply.
- **Hybrid MGs**: Integrate multiple renewable sources, enhancing reliability for off-grid locations.
- **3.2. Fossil Fuel-based Microgrids:**

MGs powered by fossil fuels, such as diesel or natural gas generators. Play a crucial role in supplying power to remote areas but have environmental and economic drawbacks. Explore cleaner alternatives to address these impacts.

3.3. Hybrid Microgrids:

Integrate RESs, fossil fuel generators, and/or batteries, enabling operation in isolated and grid-connected modes. Offer advantages of lower costs, increased reliability, and reduced environmental impact compared to conventional fuel-based MGs [42, 43].

3.4. Energy storage systems (ESS) and microgrids:

Energy storage systems (ESS) play a crucial role in microgrids by addressing short-term variations in power, ensuring power balance, and supporting various grid services^[44]. ESS must react quickly to power imbalances, requiring fast devices with microsecond-scale response times, large numbers of shallow cycles, and appropriate power density[45].

Microgrids with a substantial amount of renewable generation face challenges of peak generation not aligning with peak load. Energy storage helps store excess energy for later use [46], requiring high energy conversion efficiency, low self-discharge rates, and suitable energy density. Additionally, connected microgrids can provide ancillary services to the main grid, such as peak shaving and energy arbitrage, contributing to extra income [47, 48].

In off-grid operation, ESS is crucial for providing frequency regulation, backup power, and resilience in the face of unforeseen disasters. Resilient microgrids must have longer discharge times, greater efficiency, safety, and good discharging ability. When designing a microgrid, choosing the appropriate energy storage system involves considering factors like energy density, power density, costs, response time, technology maturity, time of life, and efficiency[49].

3.4.1. Mechanical storage technologies

Mechanical storage technologies, including flywheels, Compressed Air Energy Storage (CAES), and small-scale Pumped-Hydro (as shown in Table 1), are predominantly designed for large-scale applications within bulk power systems, where the deployment of expansive plants is crucial for achieving cost-effectiveness. However, the inherent challenge of time constraints in constructing such storage plants can be a limiting factor, particularly in extensive projects.

Recognizing the impracticality of these solutions for microgrids, which demand more tailored and flexible approaches, small-scale implementations have been introduced to address challenges specific to the unique requirements of microgrid environments. This adaptation reflects the necessity of overcoming the drawbacks associated with large-scale mechanical storage systems, ensuring more efficient and feasible energy solutions for smaller-scale grids [50].

This comparison provides an overview of the key features and limitations of each mechanical storage option for microgrids. The suitability of each technology depends on specific microgrid requirements and constraints.

3.4.2. Electrical energy storage technology

Table 2 provides a comparative analysis of the key aspects of supercapacitors, SMES, and hydrogen/fuel cell systems. The choice of technology depends on the specific requirements of the application, considering factors such as power, energy, response time, and environmental impact [51, 52].

4. Microgrid control:

4.1. Microgrid Control Components

Effective microgrid control guarantees robust and cost-efficient operation while seamlessly integrating renewable energy sources into the power grid. Figure.2 illustrates several essential components of microgrid control:

- **State estimation**: utilizes sensor data and other information to determine the current status of the microgrid, including the condition of various components and the levels of power generation and consumption.
- **Energy storage management:** involves overseeing the charge and discharge cycles of energy storage systems, such as batteries, to ensure their efficient utilization.

- **Islanding detection:** enables the microgrid to identify when it has been disconnected from the larger grid and transition to islanded operation.
- **Power management** involves regulating the flow of power within the microgrid to maintain balance and ensure that all components operate within safe limits.
- **Load management:** involves regulating electricity demand within the microgrid by.
- **Grid integration:** involves coordinating the operation of the microgrid with the larger grid, including exporting excess power to the grid or importing power when necessary

Fig. 3 Microgrid control approaches

Figure.3 illustrate three main approaches of the microgrid control, and can be classified as the follow:

- **Centralized control:** involves utilizing a single controller to oversee all components within the microgrid, where it is the traditional approach to microgrid control, but it has limitations such as requiring a high-bandwidth communication network and posing a risk of a single point of failure.
- **Decentralized control**: involves using multiple controllers, each managing a subset of features. Hybrid control combines elements of both centralized and decentralized approaches, generally more robust, but coordinating the actions of multiple controllers can present greater challenges.
- **Hybrid control** can be a beneficial compromise, leveraging the advantages of both centralized and decentralized control approaches.

5. Microgrids (MGs) benefits

The integration of Microgrids (MGs) into the energy landscape yields numerous benefits [53, 54], positively impacting various facets of power systems. Some key advantages of MGs include:

- **a. Price Stability**: MGs act as a safeguard against unforeseen and potentially costly emergency energy needs, thereby contributing to overall price stability. Protection from fluctuating electricity bills enhances economic predictability.
- **b. Economic Benefits:** Local market laws and initiatives enable MGs to reduce peak load prices. Engagement in demand response (DR) markets and the provision of frequency management services contribute to economic gains. MGs can generate revenue by reducing peak load costs and

offering frequency regulation services to the broader grid.

- **c. Continuous Supply:** Operating in island mode ensures a constant supply of electricity, providing resilience against outages caused by extreme weather, aging infrastructure, physical attacks, and cyber threats.
- **d. Renewable Integration:** MGs play a crucial role in integrating Renewable Energy Sources (RESs) into the energy mix. With the expected significant growth of renewable capacity, MGs become essential for harnessing the benefits of RESs and addressing the global energy crisis [45].
- **e. Increased Reliability and Resilience** MGs' ability to island enables them to continue supplying power during power outages, contributing to increased reliability. Islanding is significant for isolating faults and separating

distribution feeds, enhancing the overall resilience of the energy infrastructure [55].

- **f. Improved Power Quality** MGs allow for better control over electricity parameters, catering to the specific needs of sensitive equipment in healthcare, manufacturing, laboratories, and other critical institutions.
- **g. Relationship with the Utility Grid:** MGs serve as essential building blocks for smart grids, contributing to the evolution of future utility grids. Future utility grids may consist of interconnected MGs managing energy demand and supply at both micro and macro levels [56].
- **h. MGs play a role in reducing grid congestion and peak loads.** They provide various grid services, including energy, capacity, and ancillary services, contributing to the overall support and optimization of the larger grid. The flexibility and versatility of MGs make them valuable assets in enhancing the efficiency and sustainability of the broader energy ecosystem.

6. Microgrids technical Challenges

The main technical difficulties in implementing microgrids are related to protection systems, islanding, and voltage and frequency control [53].

a. Voltage and Frequency Control:

Achieving balance between active and reactive power in the electricity system is critical. Microgrids face challenges in operating multiple distributed generations on the island, making active and reactive power control impractical. Voltage regulation during microgrid operation requires the use of a voltage versus reactive power droop controller, each distributed generation equipped with power frequency droop characteristics. Advanced control schemes, including droop-based controllers, enable decentralized microgrid operation without the need for communication between distributed generations. Ensuring accurate voltage and frequency control is fundamental for successful islanded operation, necessitating the involvement of controllable loads and distributed generations, such as PV, fuel cells, and microturbines[57].

b. Islanding:

Islanding, representing a small-scale version of the future interconnected grid with high distributed generation density, is crucial for microgrid operation. Control strategies like PQ inverter control and voltage source inverter (VSI) control play a significant role in supplying active and reactive power set points and feeding loads with predefined values for voltage and frequency during islanded operation. Efficient islanding detection algorithms are essential to facilitate seamless transitions between grid-connected and islanded modes. These control strategies enhance microgrid reliability during utility outages and emergency scenarios [58].

c. Protection:

Microgrid protection is a critical challenge once formed. Protecting loads, lines, and distributed generations on the island is crucial. Various protection schemes, including current-limiting algorithms, resistance-inductance feedforward, and flux-charge-model feedback algorithms, are implemented to prevent issues like large line currents and protect the microgrid during utility-voltage sags. Novel protection schemes based on $abc - da$ transformations and directional overcurrent relays are introduced to detect short-circuit faults and provide discrimination between faults in different zones of protection. These protection strategies contribute significantly to the overall robustness of microgrids in safeguarding the power network during both grid-connected and autonomous operations [59].

7. Future Research Areas in Microgrids

a. Modeling:

Future MGs aim for plug-and-play functionality, increasing complexity. A redesign of MG systems is essential to manage this complexity efficiently.

b. Mode of Operation:

Research should focus on designing systems that enable seamless transitions from grid-connected to autonomous operation, ensuring flexibility and adaptability.

c. Protection:

Traditional relay settings may be insufficient for MGs. More studies are needed to develop protection strategies ensuring safe MG operation across different modes and transitions.

d. Control:

With diverse characteristics among MG components, efficient control strategies are crucial, especially in standalone mode, to manage system parameters effectively.

d. Storage Units:

Investigating the potential use of Energy Storage Systems (ESS) with diverse features is critical to maintaining MG inertia and enhancing overall performance.

e. Integration of Electric Vehicles (EVs):

With the significant growth of electric vehicles, research on integrating EVs with MGs can provide valuable insights for power system development.

f. Integration of Nuclear Energy and RESs:

Focus on integrating nuclear energy and Renewable Energy Sources (RESs) for a balanced and sustainable energy mix, exploring hybrid energy systems and effective energy storage technologies.

g. Policy and Standards:

Developing universally accepted standards, regulations, and processes is necessary to support the successful incorporation of MGs worldwide, fostering a standardized and regulated environment.

h. Coordination Among Multiple MGs:

Establishing reliable signaling and communication infrastructure is vital for multiple MGs to coordinate and collaborate, ensuring balanced operation and continuous energy supply.

i. Communication Channel:

Integration of smart metering and network control is essential in MGs for efficient communication and management.

j. Energy Management:

Coordinating renewable sources, storage systems, and loads is challenging. Developing strategies for optimal power delivery from various sources is imperative for economic use.

k. Generation-Load Stability:

Efficient control strategies are required for MGs operating in standalone mode to maintain a balance between generation and load, ensuring stability.

8. Conclusions

In conclusion, the advantages, challenges, and implementation of energy storage within microgrids present a comprehensive landscape of the evolving energy paradigm. The identified benefits, such as price stability, economic gains, continuous supply, and enhanced reliability, underscore the transformative potential of microgrids in reshaping power systems. However, the inherent challenges, particularly those related to voltage and frequency control, islanding, and protection mechanisms, highlight the need for continued research and innovation. Energy storage emerges as a key enabler in addressing these challenges, offering solutions for enhanced stability, improved flexibility, and efficient integration of renewable sources. As microgrid technologies advance, the seamless integration of energy storage systems becomes increasingly vital for optimizing performance and overcoming technical hurdles. Looking forward, collaborative efforts, advancements in control algorithms, and the development of adaptive solutions are essential for unlocking the full potential of microgrids and shaping a sustainable and resilient energy future.

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